

GUT HEALTH

Join in on the discussion between Olivera and Dr Fred Van Der Riet surrounding the topic of "Gut Health"

Thursday, 23 June 2022

Webinar ID: 831 5380 8895

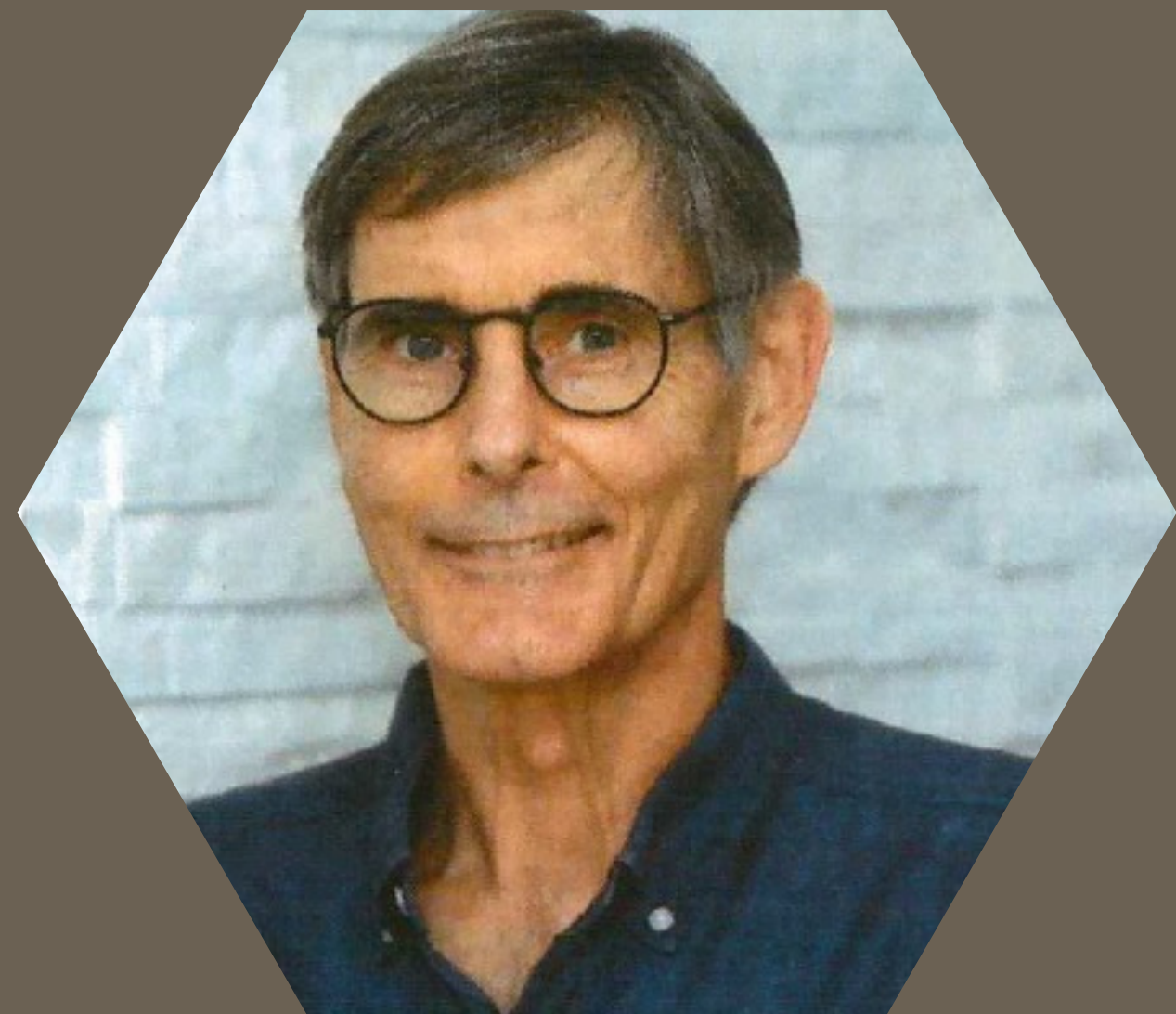
Time: 18:00 PM

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Expert Speaker

Dr Fred van der Riet

Dr Fred van der Riet qualified as a Medical Doctor from the University of Stellenbosch in 1974. After working in full time Government service for 6 years, he completed a master's degree in Family Medicine from the University of the Free State in 1981. Dr Fred van der Riet worked in his own Medical Practice in various locations around South Africa and Canada and finally settled in Cape Town in 1996. He qualified as a Homeopath in 2001. Currently he works with his wife Marita, who is a Clinical Psychologist they own a Private Integrative Medical and Psychotherapy Practice in Century City, Cape Town.



Expert Speaker

Olivera Zajelac

Olivera Zajelac is currently the Academy Nutrition Trainer for Europe and Southern Africa. After acquiring experience as a Nutritionist for the football team AC Milan and various Milanese sports facilities, she joined Amway in 2015 as a trainer. Olivera aims to promote the importance of an active lifestyle, proper nutrition, and food supplementation in order to achieve optimal health and well-being.

